

BARRACUDA SWIM CLUB

2012 Polar Bear Swim Meet
JOHNSON CITY, TENNESSEE
January 28 - 29, 2012

The meet will be conducted under the auspices of Southeastern Swimming, Inc. of United States Swimming, the rules of which will apply. This meet will be run as a combined USA Swimming and USA Masters meet.

Sanctioned by Southeastern Swimming, Inc.
Sanctioned by USMS:

SANCTION: 12SEBSC1-28; Time Trial: 12SEBSC1-28TT
SANCTION: 152-001

HOSTED BY: Barracuda Swim Club of Northeast Tennessee

LOCATION: Freedom Hall Pool, 1320 Pactolas Road, Johnson City, Tennessee.

FACILITIES: Please note: This is a Short Course Meter meet. Freedom Hall Pool is an indoor 6 lane 25 meter L-shaped pool with non-turbulent lane dividers, Colorado 6 electronic timing system with scoreboard and touch-pads. Scoring by HY-TEK Meet Manager. Depth is 10 feet at the start end and 3.5 feet at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

RULES: Current USA Swimming rules will govern the conduct of the meet unless otherwise noted herein. Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms.

OFFICIALS: Meet Director: Chris Coraggio 423-833-5595 bscswim@yahoo.com
Referee: Larry Alexander larrydalexander@aol.com

BSC welcomes and encourages the assistance of certified officials and apprentices from the visiting teams. Please contact the Meet Referee of your availability.

ELIGIBILITY: All participants must be USA Swimming or USA Masters Swimming registered athletes. Entries will not be accepted without 2012 registration numbers. Coaches and officials must present evidence of certification as required by Southeastern Swimming. A swimmer's registered with USA Swimming, the age on the first day of the meet will determine his or her age for the entire meet; For swimmers registered with USA Masters, the age as of December 31, 2012, will determine the age for the entire meet.

WARM UP: Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The Meet Director will post and announce the warm-up assignments prior to the start of the meet warm-up. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

STARTING TIMES:

Saturday Morning - Session 1

Saturday Afternoon - Session 2

Sunday Morning - Session 3

Warm-up

8:00 AM

Not before 11:00 AM

8:00 AM

Competition

9:30 AM

Not before 11:20 AM

9:30 AM

ENTRIES: Teams who have HYTEK's Meet/Team Manager should submit their entries via E-mail. Those teams not using HyTek Team Manager may submit entry forms. Entry forms must be completely filled out including the

understand that this is due to the expenses incurred by the host club for operating the swim meet. Thanks for your understanding and cooperation with this policy.

MEET EVALUATIONS: Please send any comments, suggestions, or evaluations concerning the meet to:
Matt Weber, PO Box 1102, Huntsville, AL 35807

2012 Polar Bear Swim Meet

ORDER OF EVENTS

Girls		Boys
	Saturday, January 28	
	SESSION 1	
1	8 & under 25 Freestyle	2
3	Open 200 Freestyle	4
5	Open 100 Backstroke	6
7	8 & under 25 Breaststroke	8
9	Open 50 Breaststroke	10
11	Open 200 Breaststroke	12
13A	8 & under 100 IM **	14A
13B	Open 100 IM **	14B
15	Open 400 IM*	16
17	Open 50 Freestyle	18
19	Open 100 Butterfly	20
21	Open 200 Medley Relay	22
	20 Minute Break	
	SESSION 2	
23	Open 400 Freestyle*	24

*Positive check-in required

** The 8 & under and Open 100 IM's will be combined and swum together by gender.

	Sunday, January 29	
	SESSION 3	
25	8 & under 25 Backstroke	26
27	Open 50 Backstroke	28
29	Open 200 Backstroke	30
31	Open 100 Freestyle	32
33	8 & under 25 Butterfly	34
35	Open 50 Butterfly	36
37	Open 200 Butterfly	38
39	Open 100 Breaststroke	40
41	8 & under 50 Freestyle	42
43	Open 200 IM	44
45	Open 200 Freestyle Relay	46

MEET SUMMARY

CLUB NAME: _____ CLUB INITIALS: _____ LSC: _____

US POSTAL ADDRESS

CONTACT PERSON: _____

TELEPHONE NUMBER: _____ EMAIL ADDRESS: _____

IS YOUR TEAM STAYING OVERNIGHT? YES _____ (Friday _____ Saturday _____) NO _____

NAME AND ADDRESS OF HOTEL/MOTEL/INN:

COACHES ATTENDING:

INDIVIDUALS WILLING TO OFFICIATE:

PLEASE BE PREPARED WITH PROOF OF USA SWIMMING MEMBERSHIP FOR ALL SWIMMERS ENTERED IN THIS MEET.

SUMMARY OF ENTRIES:

	NUMBER	FEE	TOTAL
Southeastern SWIMMERS	_____	\$3 (SES surcharge)	_____
Other LSC SWIMMERS	_____	\$5 (SES surcharge)	_____
INDIVIDUAL EVENTS	_____	\$4 per event	_____
RELAY EVENTS	_____	\$8 per event	_____
	TOTAL AMOUNT PAID		_____ (payable to BSC or Barracuda Swim Club)

2011 - 2012 WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Barracuda Swim Club, City of Johnson City, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

I

SIGNATURE OF COACH OR CLUB OFFICIAL:	
CLUB:	
TITLE:	DATE:

SOUTHEASTERN LSC
INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non mandatory form is for accommodation purposes.

Name _____

Address _____

Team _____ USA Registration # _____

Age and Birth date: _____

Events to be swum: _____/_____/_____/_____/_____/_____/_____/_____
_____/_____/_____/_____/_____/_____/_____/_____

Type of Disability

Blind _____ Cognitive/Intellectual _____ Deaf _____ Physical _____ Other _____

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your Meet experience.

Meet Director : bscswim@yahoo.com

Disability Chair Email: walleybob@hotmail.com

Walter Smalley 901-486-1782

INFORMATION SPECIFIC TO MASTERS SWIMMERS

1. All Masters swimmers must have a current annual or one-event membership. Proof of membership must be presented to the Meet Director prior to warm-ups on the swimmer's first day of competition.

The annual Masters registration form can be found at: <https://www.clubassistant.com/club/USMS.cfm?l=15>

A one-event USMS form can be accessed via our website: www.BarracudaSwimClub.org - Click on the "Forms" link in the left-hand column

2. If a swimmer is dually registered with both USAS and USMS, he must declare prior to the meet if he intends to swim in the Masters division. A USMS Declaration form can be accessed via our website: www.BarracudaSwimClub.org - Click on the "Forms" link in the left-hand column

3. A USMS Release must be signed prior to competition. This Release is included in the one-event registration form, or it can be downloaded from our website: : www.BarracudaSwimClub.org - Click on the "Forms" link in the left-hand column or fill out the form below.

THIS RELEASE MUST BE SIGNED

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in **Masters SWIMMING (training and competition), including possible permanent disability or death, and agree to assume all of those risks.** AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature: _____

Date: _____

CONSOLIDATED ENTRY FORM

Times should be in **SHORT COURSE METERS** - PLEASE PRINT CLEARLY AND LEGIBLY!! Please duplicate as needed.

		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
First	MI	Last					
USAS REGISTRATION NUMBER							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
First	MI	Last					
USAS REGISTRATION NUMBER							
First	MI	Last					
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
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DATE OF BIRTH	SEX						
NAME OF SWIMMER							
First	MI	Last					
USAS REGISTRATION NUMBER							
DATE OF BIRTH	SEX						