

# BSC

February 2008

**Kingsport  
Johnson City**

## TEAM ANNOUNCEMENTS

### BARRACUDA TEAM WEAR:

Place Your order by February 29<sup>th</sup> for team sweatshirts, sweatpants, and T-shirts.

An order form is enclosed with this mailing. As requested, royal blue short and long sleeve shirts are available!

Please mail form and payment to Shelia Loudermilk.

### VOLUNTEER NEEDED:

We need a volunteer to tally and distribute the shirt orders! If interested talk to Coach Chris or Shelia Loudermilk.

### MONTHLY PAYMENT POLICY

Please review the following policy concerning monthly fee payments.

1. If a swimmer participates in at least one practice during a month, he owes for that entire month.
2. Prior notice must be given in writing to the coach if a swimmer intends on skipping a month or more.
3. If a swimmer participates in every month from September through July, then August dues are free.

Please note that it says prior notice must be given. The easiest way to do this would be by email to your coach with a copy to Shelia so she can adjust your statement before mailing.

We understand that there may be times due to illness or other circumstances that you cannot do this. If that happens, please make a written request to the Board. The Board meets monthly and will review these individual requests.

*[The Barracudas will participate in this fundraiser again. Last year we were the 1st place winner!]*

### CASH FOR YOUR CAUSE

March 10 - April 13

Bring your same-day receipts to the Guest Services Center and turn your dollars into points for your favorite non-profit organization! Each Monday and Tuesday, points will be doubled on same-day purchases.

All mall gift card purchases are eligible for triple points everyday! At the end of the program, the top three non-profit organizations with the highest amount of points will win CASH for their charity.

#### PRIZES:

1st Place - \$7,000

2nd Place - \$5,000

3rd Place - \$3,000

Points are updated weekly. Visit the Guest Services Center to check out the top five organization rankings.

### CONGRATS:

Two Barracuda swimmers placed at the 2008 District East Championships: 8 & under Swimming Championships. Owen Devine placed second in the boys and Sophia Neglia placed fourth in the girls categories. Both swimmers are 8 years old and practice at the Kingsport site.

# FROM THE COACHES DESK: QUESTIONS ANSWERED

*This Month From Coach Chris Coraggio*

**Q:** There a lot of different meets at the end of the winter and the summer seasons. What are the differences, and how do I know if my child can/ should attend?

**A:** While most of the meets we attend as a team allow anyone to enter (with the coach's approval), the end-of-season meets, or championship meets, have some restrictions.

At the end of the winter season (February-March), there are the following meets: the District Meet, the Southeastern Championship, the Sectional Meet, and the Junior National Meet. The summer season also has all the above meets except the District Meet, plus there is a USA Swimming Summer National Championship Meet and the Southern Zone Championship. The USA Swimming Winter Championship Meet is held in December.

Each of these championship meets have qualifying time standards for each event based on gender and sometimes age. This allows each competition to meet the needs of a certain population of swimmers.

**The Southeastern Championship (SES)** is an age-group meet (meaning swimmers compete against their peers) for the best swimmers in our Local Swim Committee (LSC). The term LSC is just a fancy reference to our area. The Southeastern LSC is comprised of all of the states of Tennessee and Alabama, plus a little part of the Florida panhandle. To compete, a swimmer must equal or better a qualifying time in each event.

**The District Meet** is actually a lower level age-group meet than the Southeastern Championship. It is reserved for swimmers who have not yet achieved the SES qualifying times. Our LSC is divided into four districts, and we are in the Eastern District. If a swimmer has SES times in some events, but not in others, he could swim in both meets. The one exception is the 8 & under age group. Since there is no 8 & under category in the SES Championship, they may swim at the District meet regardless of their times.

**The Sectional Meet** is an open competition, meaning that swimmers compete against each other by gender, but regardless of age. There are qualifying times for these meets that are more challenging than those for the SES Meet. We are in the Eastern Section of the Southern Zone - roughly, our LSC plus the states of Georgia, Louisiana, North and South Carolina, and Kentucky.

**The Junior National Meet** is also an open competition, but only swimmers 18 years and younger may participate in it. The time standards again get tougher. As the name implies, anyone from anywhere in the country may attend if qualified. In the spring, the meet is run by the National Club Swimming Association (NCSA); In the summer, by USA Swimming (USAS).

**The USA Swimming National Championships** are open competitions for only the best swimmers in the country. The time standards are very tough. In December, the meet is held in a short course (25 yard) pool; In the summer, it is held in a long course (50 meter) pool.

**The Southern Zone Championship** is actually an all-star meet. Each LSC selects 7 to 10 swimmers in the 11-12, 13-14, and 15-18 age groups (boys and girls) to represent that LSC in the meet. Coaches are also selected from the LSC. The team travels as a group to the meet. The team is selected based on times swum at the summer Sectional and SES meets. Competition to be on the team is strong and it is an honor to make the squad.

And, of course, every four years we hold our **Olympic Trials**, perhaps the fastest meet in the world! A swimmer must meet extremely fast qualifying times to attend.

How do you know if your child can/should go to one of these meets? Compare your child's times with the qualifying times. If you have any questions about the appropriateness of any meet, just ask the coach

## 'CUDA BITS: FOR YOUR INFORMATION:

### FUNDRAISING

Food City and Kroger cards are always available! Call or email Kathie Battista - 915-0181 or [k.battista@embarq-mail.com](mailto:k.battista@embarq-mail.com)

### BUDGET

Some of you asked to see the annual budget for BSC. It is enclosed. The Club's fiscal year is September 1 to August 31. In reviewing it, remember that it is for 2 sites which means 2 head coaches.

The fund raising total for the year is \$19,000.00. That money is just to help offset the expenses and to try to keep monthly fees as low as possible.