

**RACE ANALYSIS**

NAME _____		MEET _____		DATE _____		STROKE COUNT	TEMPO
EVENT	TIME >>>>>>>>						
Length 1	START to BREAK _____	SWIM _____	TURN _____	LAP SPLIT _____	CUM SPLIT _____		
Length 2	PUSH to BREAK _____	SWIM _____	TURN _____	LAP SPLIT _____	CUM SPLIT _____		
Length 3	PUSH to BREAK _____	SWIM _____	TURN _____	LAP SPLIT _____	CUM SPLIT _____		
Length 4	PUSH to BREAK _____	SWIM _____	TURN _____	LAP SPLIT _____	CUM SPLIT _____		
Length 5	PUSH to BREAK _____	SWIM _____	TURN _____	LAP SPLIT _____	CUM SPLIT _____		
Length 6	PUSH to BREAK _____	SWIM _____	TURN _____	LAP SPLIT _____	CUM SPLIT _____		
Length 7	PUSH to BREAK _____	SWIM _____	TURN _____	LAP SPLIT _____	CUM SPLIT _____		
Length 8	PUSH to BREAK _____	SWIM _____	TURN _____	LAP SPLIT _____	CUM SPLIT _____		
EVENT	TIME >>>>>>>>					STROKE COUNT	TEMPO
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Length 6	PUSH to BREAK _____	SWIM _____	TURN _____	LAP SPLIT _____	CUM SPLIT _____		
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