

Enroll in the 2008 TOPPER SWIM CAMP! June 2nd-6th

The Topper Swim Camp is a one-week program of instruction geared for children 7 and over who have an interest in competitive swimming. It will be highly instructional in nature and will include skills and drills in all four racing strokes (Freestyle, Backstroke, Breaststroke, and Butterfly), as well as Starts and Turns.

When: Monday - Friday, June 2 - 6, 2008, from 3:00 - 5:00 PM daily.

Where: Freedom Hall Pool, 1320 Pactolas Road, Johnson City, TN

Instructors: The Camp will be taught by Coach Chris Coraggio, Head Coach of Science Hill High School and the Barracuda Swim Club, assisted by members of the Science Hill High School Varsity Team. Coach Coraggio has over 32 years' experience coaching swimming at all levels, from Novice through NCAA Nationals and Olympic Trials.

Fees: The cost for the Camp is \$45 for the entire week. This fee includes all Camp activities and a Topper Swim Camp T-shirt. Proceeds from the Camp will be used to support the SHHS Swim Team.

Prerequisites: Each camper should be comfortable in the water, and be able to swim one length of the pool (25 yards) using a simple crawl stroke with rotary breathing.

Equipment Needed: Swim suit (one-piece recommended for girls) and 2 towels. A pair of goggles is also strongly recommended. Children with long hair may benefit from wearing a swim cap. Children with ear problems should consult their physician as to the benefit of using silicon ear plugs. All other equipment will be provided at camp.

Registration Deadline: A completed registration form and full payment must be received by **Friday, May 9th**. Checks should be made out to "Science Hill Swimming Booster Club". Space is limited, so early application is encouraged

Special End-of-Camp Meet: On Friday, the second hour of Camp will consist of a fun "swim meet" where the students will be able to show off their new skills for parents and friends.

Questions may be directed to Coach Chris Coraggio at 833-5595 or bscswim@yahoo.com

REGISTRATION FORM IS ON PAGE 2 OF THIS DOCUMENT

2008 TOPPER SWIM CAMP REGISTRATION FORM
(Please print off this form and send mail it in to the address below)

Registration Deadline: Friday, May 9, 2008

Name: _____ **Age:** _____ **Sex:** M F

Address: _____ **City:** _____ **ST:** _____ **Zip:** _____

Phone: _____ **Email Address:** _____

T-Shirt Size: Child's M Child's L Adult S

Adult M Adult L Adult XL

Parent's Name(s): _____ **Daytime Phone Number:** _____

Swimming experience: _____

Any pre-existing medical conditions and/or medications that the coaching staff should be aware of:

Please read and sign the release form below.

Checks (\$45) should be made payable to "**Science Hill Swimming Booster Club**". Completed form and check should be mailed to: **Coach Chris Coraggio, 1 Saddlebrook Lane, Johnson City, TN, 37615**

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

I am hereby assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, death, or loss which might be sustained as a result of participating in any and all activities connected with and associated with the Topper Swim Camp program. I certify that I am physically fit and capable of performing the necessary physical requirements associated with this camp. I am aware that the program supervisors strongly suggest that all participants consult their physician before beginning any exercise program.

I recognize and acknowledge that there are certain risks of physical injury to participants in this program, and I voluntarily agree to assume the full risk of any and all injuries, damages, or loss that might be sustained as a result of participation in this program. I further agree to waive and relinquish all claims that I and/or my child, our heirs, executors, and administrators may have against the coaching staff, Science Hill High School, the Johnson City School System, the City of Johnson City, the Parks and Recreation Department, and their officials, agents, volunteers, and employees.

I have read and fully understand this Waiver and Release and agree to the above statements. Parents and/or legal guardians must consent to this Waiver and Release and must sign on behalf of children under 18 years of age as of the time of signing.

Name of Participant: _____ Age: _____

Signature (if 18 or older): _____ Date: _____

Signature of Parent and/or Guardian (required if Participant is younger than 18 years old):

_____ Date: _____

Print Parent's/Guardian's name here: _____

